

## Sewing: Overlocker Masterclass RICA

This creative provision is being marketed as RICA (Rochester Institute of Creative Arts).

RICA is the name of the new creative offer from Medway Adult Education.



Join our beginner-friendly overlocker class to gain confidence and skills in using this versatile machine! Perfect for those considering an overlocker purchase or those who have one sitting unused, this relaxed session will cover essentials such as threading, adjusting tension, and exploring various functions. Spend time in our welcoming sewing studio, learn valuable techniques for achieving a professional finish, and enjoy a friendly atmosphere to enhance your overlocking knowledge.

Start Date: 06 March 2027  
Start Time: 10:00  
Lessons: 4  
Weeks: 2  
Hours: 10.00

If you are interested in developing your creative skills, book onto one of our courses from the Creative Arts offer.

### Venue

Rochester Adult Education Centre  
Rochester Community Hub  
Eastgate  
ME1 1EW

### WHAT WILL I LEARN ON THIS COURSE?

Learners will:

1. Learn the basics of threading and tension adjustments and demonstrate on at least one item/ sample
2. Learn how to set up and take down the machine, demonstrate this on at least 2 occasions.
3. Practice different sewing techniques with an overlocker and produce an item or samples to demonstrate.

Whether you would like to learn new creative skills or to investigate the possibility of a new sewing -based career, MAE Community Learning courses can provide you with a stepping stone to progress

### IS THIS COURSE SUITABLE FOR ME?

Suitable for complete beginners or those who have rusty skills and need a refresher course

### IS THERE ANYTHING ELSE I NEED TO KNOW ABOUT THIS COURSE?

Learners will need the following tools and equipment please do not purchase until you are sure the course will run:

You will need to prepare the following tools and equipment before the start of the course:

- A basic sewing kit including dressmaking scissors, un-picker, tape measure, notebook or folder, small scissors or snips, some sewing threads etc.
- You WILL need some scraps of fabric to practice techniques on, an old (CLEAN) sheet or duvet cover is a very economical way to gain lots of practice fabric.

### WILL THERE BE ADDITIONAL COSTS?

You will need to buy some fabric – but please wait until after the first week of the course so that we can discuss what you need

### WHAT COULD I GO ON TO DO AFTER THIS COURSE?

Your tutor can talk to you about other subject related course available.

Medway Adult Education works with many partners locally such as MidKent College, Medway School of Arts and the University of Kent; information about their courses can be found in our studios, café and on Moodle. Medway has an exciting and wide-range of events, exhibitions and activities to inspire and help you make further progress - please see the community noticeboards in the Rochester Centre and again on Moodle. Your tutor will be able to talk through your individual progression options.

If you wish to explore your learning, work or career options, you can speak to a fully trained careers advisor on 0800 100 900. <https://nationalcareersservice.direct.gov.uk>

If you need further advice please telephone 01634 338400.

## WHAT IS THE ATTENDANCE POLICY

Multiple sessions-

To get the most out of the course:

- Try to attend at least 90% of sessions
- Let your tutor know if you will miss a class
- If you are ill or absent, contact: 01634 338400

## HEALTH & SAFETY

Health and Safety Disclaimer

By taking part in this course, you understand that sewing involves use of tools, materials and equipment and carries some risk.

You agree that:

- Sewing activities can involve some risk (tools, materials)
- Work at a level that suits your ability
- Wear suitable clothing and protect your work area
- Agree to the ground rules and follow safety guidance from your tutor
- Medway Adult Education is not responsible for personal injury or damage to personal property.
- By attending the course, you confirm that you have read and understood this information.